

# **PHYSICIAN'S STANDING ORDERS FOR LICENSED ATHLETIC TRAINERS**

Section 1, Article 4512d of the Athletic Training Act defines an athletic trainer as "a person ... who, upon the advice and consent of his team physician carries out the practice of prevention and/or physical rehabilitation of injuries incurred by athletes."

Senate Bill 1233 (1999) amended V.A.C.S., Article 4512, Sec. 1, effective September 1, 1999 defines athletic training to mean "the form of health care that includes the practice of preventing, recognizing, assessing, managing, treating, disposing of, and reconditioning athletic injuries under the direction of a physician licensed in this state or another qualified, licensed health professional who is authorized to refer for health care services within the scope of the person's license."

- He/She shall be an Athletic Trainer, licensed by the State of Texas;
- Any circumstance in which a patient/athlete regresses or worsens shall be cause to communicate with the physician;
- He/She shall provide all necessary first aid in an emergency; and
- He/She shall maintain accurate and detailed patient/athlete medical records. All notes will be signed and dated.

The medical acts, procedures and modalities that may be performed under the direction of physician by \_\_\_\_\_, include but are not limited to the following:

- The use of physical modalities such as heat, cold, sound, electricity, or mechanical devices related to rehabilitation or treatment;
- The employment of rehabilitative techniques including but not limited to joint mobilization, massage, rehabilitative exercise, and physical rehabilitation;
- The practice of prevention, evaluation, emergency care, physical reconditioning and/or rehabilitation of injuries and illnesses;
- The dispensing of over-the-counter medications, i.e.; ibuprofen, naproxen, acetaminophen, antacids, and diarrhea preparations when indicated by symptoms.

I understand that I may amend, expand, or rescind the above provisions at any time. This document does not supersede or invalidate written policies and procedures guiding respiratory care services that are required by any accrediting/certification/licensure authorities which specify who may perform specific procedures and/or instruction, under what circumstances, and under what degree of supervision. This document is valid only when the athletic trainer practices within the above stated scope of his/her license and under the direction of the licensed physician.

\_\_\_\_\_  
Physician

\_\_\_\_\_  
License Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athletic Trainer

\_\_\_\_\_  
License Number

\_\_\_\_\_  
Date