



2009 SWATA Annual Meeting and Clinical Symposium



Mueller High School Student Athletic Trainer Scholarship winner, Trevor Jones (center) pictured with Jeff Mann, Cassie Shoultz, Dale Roper of Mueller and Spanky Stephens

The SWATA 55th Annual Meeting and Clinical Symposium was held in Arlington on July 23-26. The symposium provided a great educational program as well as a chance for Arkansas and Texas athletic trainers to network and socialize. Many awards and scholarships were received and many athletic trainers were recognized.

TSATA and Mueller have worked together to present the Mueller High School Student Athletic Trainer Scholarship. The 2008-2009 Mueller scholarship award winner was Trevor Jones of Irving Nimitz in Irving, Texas.

TSATA was awarded with the 2008-2009 NATA Board of Certification Advocacy Award for service to athletic training consumers by providing an increased level of health and safety for Texas athletes.

The Texas Forum allowed for important information and updates including a Sports Medicine I & II update, financial and membership update, a UIL update and a Committees update. More information about these updates can be found on page 4 of this newsletter and by going to www.tsata.com.

Look forward to next year's meeting in Arlington from July 22-25, 2010.

Upcoming Events:

GHATS Student Athletic Trainer Workshop will be January 9, 2010 at Manvel High School. Visit www.ghats.com for details.

SMI and SMII future sites to include Houston, Tyler, SPATS, and Dallas/Fort Worth Metroplex area, more information at www.tsata.com

SCATA Professional Symposium to offer 7 CEUs in January

NTATS will be hosting a student clinic on April 10, 2010 at Mansfield Timberview High School.



Dennis Hart, Cathy Supak and Spanky Stephens receiving the NATABOC Advocacy Award



Convention Go-ers at SWATA 2009:

- 1) Sasha Snyder, Kajay Rainey and Cassidy King 2) Donna Jones and Floyd Daughters 3) Ben Melancon, Matt Reames, Ty Worthington, Ben Bowles, and Brandon Barnes





TSATA Board of Directors:
Spanky Stephens, Buzz Chisum,
Josh Woodall, Scott Galloway,
Cathy Supak, Dan Fuller, Nancy
Vanley, and Hondo Schneider and
Ed Mizicko (not pictured)

Changes on the TSATA Board of Directors

There have been some new and exciting changes on the TSATA Board of Directors.

Anticipating his new role as President of SWATA, Mike Carroll of Stephenville decided not to run for re-election as TSATA's Region 4 Representative. Scott Galloway of DeSoto was elected as the new Region 4 Representative for TSATA.

Other regions up for election were regions 1 and 7. Nancy Vanley of Region 1 and Josh Woodall of Region 7 both ran for re-election and were uncontested. Vanley and Woodall will each serve a second three year term.

For a complete list of TSATA Board of Directors, please visit tsata.com and click on the 'Administrative' tab.

Texas Athletic Trainers Awarded

Lee Reynolds of Longview, received the Texas High School Coaches Association's 2009 Athletic Trainer of the Year Award.. Reynolds was nominated for this award by Longview's head football coach, John King. Reynolds' received his award in Austin at THSCA's annual meeting and was also recognized at SWATA in Arlington. To view past award winners, you can visit www.thsca.com

Dr Steve Simpson of Tarleton State University in Stephenville was chosen for the NATA 2009 College/University Athletic Trainers' Committee's Division II Head Athletic Trainer of the Year Award. This award recognizes those collegiate athletic trainers who have demonstrated exceptional performance as an athletic trainer .

Congratulations to Betsy Brown of Santa Fe High School, and Karen Barger of Baytown Sterling High School for being awarded the Greater Houston Football Coaches Association-Bobby Gunn Athletic Trainer of the Year. For more details about this organization and its award, visit www.ghfcahouston.com



Lee Reynolds, recipient of the Texas High School Coaches Association Athletic Trainer of the Year Award

Did you know that for every case of Mueller product purchased and the P.O. faxed, Mueller will donate \$1 to TSATA for a scholarship? It is so easy, just fax a copy of your P.O. which includes Mueller products to 608-643-2568, Attn: Dawn Kruse or send proof of purchase to:
Attn: Dawn Kruse,
Mueller Sports Medicine.
PO Box 99, 1 Quench Drive
Prairie du Sac, WI 53578.
If you have any questions, contact Dawn at:
dawn.kruse@muellersportsmed.com



A Note from the Executive Director of TSATA, Spanky Stephens



Since our last TSATA newsletter, there has been a continuation of good things happening to your state association to help you and your program, no matter what your professional setting may be.

Mueller came to TSATA and wanted to set up the Texas Plan by giving scholarships to college bound students that come from your programs in high schools. The process is simple! Just fax your PO's that list any cases of Mueller product that you order for your school district as a proof of purchase. Once Mueller receives your PO, they will donate a dollar for each case of product to TSATA. That money is then given back to your students or other students in the form of a college scholarship. Trevor Jones, who will be attending UTA this fall, was presented the first scholarship at SWATA in Arlington at the Texas Forum. His family was so thankful for this scholarship and it will certainly be used in a way to help him follow his dreams. This year we hope to have more support from TSATA members in this project

Now, in consideration of the guidelines for SB 82. There has been some question regarding who has to take the safety training classes and who doesn't. Some of you brought up that your school required you to go through the UIL safety class online that the UIL has on it's website because of a conversation with a staff member of the UIL. In conversation with Dr. Mark Cousins of the UIL, he stated to me that licensed athletic trainers don't have to do this as our license covers our exemption from taking this class. There is an exemption option on this site and it states that licensed athletic trainers are exempt. He also informed me that he will let his staff know as well and hopefully this problem will not come up again in the future.

The Sports Medicine I and II classes continue to grow and develop to the point that we were approached by a publishing company, Jones and Bartlett, out of Boston to work together. In doing so, the TEA was excited that we will use one textbook for all our future classes as well as any update classes that will be taught. It was brought to the Board's attention that some athletic trainers felt that the update class was mandatory for those who took the class before. The Sports Medicine I and II classes have always been an option for the licensed athletic trainers in Texas. The update is also optional. These classes have never been mandatory and it is up to the individual school district and the licensed athletic trainer of that school district whether they wish to offer this class or not. Should the school district wish to offer this on their campus then only licensed athletic trainers who are in good standing with the State Advisory Board can teach off their license. The update class is also not mandatory and will be up to those who are certified to teach the Sports Medicine I and II classes whether they will wish to add new material that will be available to them when this class begins next Spring. This class will be taught at the same venues and times that Sports Medicine I and II are offered.

Texas Kids First has been added to our sponsors as Jones and Bartlett have as well. We are continually thankful to all our sponsors and their support of what we are trying to do for our members. I know that many of you use our sponsors like Alert Services for your supplies and things you need in your athletic training rooms. I want to thank you for that as they are a Texas grown company that has many athletic trainers on staff who talk the same language as you do. Use all our sponsors when you get a chance to as they like what TSATA is doing and the direction we are headed.

Have a great year, stay cool this time of year and let us hear from you should you need anything from your state association.

Spanky Stephens
TSATA, Executive Director
trainerex@earthlink.net
866-886-1688



A Note from the Chair of TSATA, Cathy Supak



Fellow members of the TSATA,

TSATA is working in many areas to improve the opportunities for athletic trainers in Texas. I am excited to share a few highlights of your association.

In the past year, a Task Force made up of Board Members reviewed all TSATA Committees. Their recommendation was based on membership feedback and needs, job settings and representation. The goal of all committees has been and always will be to work in accordance with the TSATA Mission Statement "to promote, enhance and advance the athletic training profession in Texas". Thank you to former Committee Chairs and members for their service. In this newsletter you will find information on the committees. We still need volunteers, just fill out the form online at www.tsata.com

One area TSATA is working hard to improve is communication with membership. First, a new Eblast system is being tested and should be ready soon. Second, TSATA has a Facebook page, join us for some social networking. Third, looking for another TSATA member, it is now easy, check out the member only online directory which can now be found at www.tsata.com. Please use this directory to update your information.

I am proud to announce TSATA was awarded the Board of Certification 2009 Public Advocacy Award in July 2009. The award established in 2007 to recognize an individual, group or organization who has in the conception, construction and/or modification of Athletic Trainer regulation that protects the public and athletic training consumers. BOC noted TSATA for its work in passing and implementing Texas Senate Bill 7, 82 and implementation of Sports Medicine Courses for Secondary School Athletic Trainers. The Board of Directors, Executive Director Spanky Stephens, TEA Curriculum Committee Chair Dennis Hart, Hill Co Lobbyist David Anderson worked tirelessly behind the scenes on behalf of athletic trainers and athletes in Texas and we thank the BOC for recognizing our efforts.

The Board of Directors met in Arlington during SWATA for its summer meeting on July 23rd, and a brief summary of items discussed:

1. Approved TSATA Policy and Procedures Manual
2. Approved the following for the TEA Instructor Course: locations for 2011, instructor's courses for to college athletic training graduating seniors and Re-certification workshop.
3. Approved renewal one year contract of Executive Director Spanky Stephens.
4. TSATA Elections for Regions 1, 4 and 7 was held in the Spring. Only Region 4 was contested with the winner being Scott Galloway.
5. BOD voted to elect Board Officers for the term of 2009-2011. Elected were Chair Cathy Supak, Vice Chair Dan Fuller and Secretary- Treasurer Josh Woodall.

At the SWATA Annual Meeting, the general membership voted to approve a new Constitution. One part of the new constitution directs a change in how the Texas State Representative is elected to the SWATA Executive Board. This will require a change as well to a TSATA governing document. I have asked TSATA Parliamentarian Stephanie Keiningham to lead a Task Force and report back to the Board of Directors with her recommendation on how to proceed and make this change by 2011. Region 8 Director, Ed Mizicko is suffering from complications from a kidney transplant. Please keep Ed and his family in your thoughts and prayers. The family is thankful for the many athletic trainers who have donated blood in Ed's name.

It has been my pleasure to serve as the Chair of the Board for the past two years. As an association, we have come so far and achieved much for athletic trainers in Texas. I am honored that my fellow Board members have re-elected me to serve as Chair and we hope with your help to accomplish much more in the future.

Sincerely,

Cathy P. Supak, ATC, LAT
TSATA, Board of Directors- Chair
Region 6 Director
csupak@comcast.net
281-284-2174



Regional Updates and Information

Region 1

The Sun City Athletic Trainers' Association (SCATA) granted four \$250 scholarships in May 2009. In the future, one annual scholarship of \$1000 will be awarded.

SCATA held its annual 'SCATA Social' on August 1st. 1 CEU was offered.

Information to come regarding a professional symposium to offer 7 CEUs each in January and May.

Region 2

If you would like to volunteer to serve as the Region 2 Public Relations Committee Member, please email Jamie Woodall at publicrelations@tsata.com

Region 3

If you would like to volunteer to serve as the Region 3 Public Relations Committee Member, please email Jamie Woodall at publicrelations@tsata.com

Region 4

NTATS will be hosting a student clinic on April 10, 2010 at Mansfield Timberview High School. Go to www.ntats.com for more information in the near future!

Nominate a deserving athletic trainer for the Aubry Fisk Exemplary Service Award and the Doug Gibbins Above and Beyond Award. More details can be found at www.ntats.com.

Nominate a deserving senior athletic training student for the Ben Buck Memorial Scholarship.

Region 5

The local association recently held the 1st annual ETATA Scholarship Golf Tournament. The event was attended by 88 golfers and raised over \$2,000

for local scholarships for Athletic Training Students. Future events are scheduled to continue raising money for the scholarship fund.

Region 5 has seen the elimination of one of its sports medicine outreach programs through East Texas Medical Center. The closure of this program cut 5 full time positions in the East Texas Region. However, a few schools that were serviced by this outreach program created full time athletic training positions.

Region 6

GHATS will begin their annual membership and sponsorship drive at the end of August. Visit www.ghats.org for more information.

GHATS hosted their annual golf tournament on July 8th at Longwood Golf Course in Cypress, be on the look out for their next social event.

GHATS awarded 3—\$250 scholarships for their Spring Scholarship to Alyssa Boudny of Katy Morton Ranch, Shanee' Clewis of Spring Westfield and Mary Krenek of LaMarque.

GHATS initiated a "Fill the Helmet" campaign by donating \$500 to help raise awareness and money for the Gridiron Heroes. Athletic training students were challenged to raise money for Athletic Training Month. GHAYS would like to thank the athletic training students of Pearland Dawson High School for raising over \$800 for the Gridiron Heroes!

New this year to GHATS, college membership for \$5. This is a newly formed membership headed by Carolee John of Houston Baptist University. Please see the GHATS website for details.

Nominations are due in December for the Bobby Gunn Award and Tom Wilson Award. Visit www.ghats.com for further details.

Region 7

The 2010 Innovative Sports Medicine Symposium will be held June 27 through July 4. Registration is now open. This symposium is designed for all levels of Athletic Training. For more information contact Rena Frank at 979-845-3121 or visit www.innovativesportsmedicinesymposiums.com.

Region 8

If you would like to volunteer to serve as the Region 8 Public Relations Committee Member, please email Jamie Woodall at publicrelations@tsata.com

Region 9

If you would like to volunteer to serve as the Region 9 Public Relations Committee Member, please email Jamie Woodall at publicrelations@tsata.com

Note: If you would like information published in the newsletter, please contact the PR Member in your region. You can find out who your Regional PR Committee Member is by going to tsata.com and clicking on the 'Committees' tab

Check us out on Facebook! The group is called 'Texas State Athletic Trainers Association'.



TSATA Committee Updates

UIL Committee

Medical History Form: There has been an addition to the Medical History Form on the UIL Pre-participation Form. A signature line has been added to ensure that the history was reviewed by school personnel and that if a 'yes' was marked on questions 1-6 then the athlete should be referred for further exam.

Pregnant Athletes: The UIL has no specific position statement concerning pregnant athletes and participation in practices and/or games

Public Relations Committee

The Public Relations Committee is working hard for TSATA members! The TSATA Facebook group has been created and we encourage all members to join. You will find updates and information and it is a great way to keep up with your colleagues in Texas. Also, the TSATA Newsletter received a makeover. We hope that you enjoy the new look. The new Public Relations Committee Chair is Jamie Woodall. To find a complete list of committee members go to www.tsata.com and click on the 'Committees' tab.

Not a member? Join TSATA today!!! Just visit www.tsata.com and click on the 'PayPal' logo. You can download and print the application to be sent in, or you can use PayPal to join immediately!

Website Committee

The TSATA Membership Directory is now available online by going to www.tsata.com. It is password protected for members only. If you have lost your password, contact Dan Fuller to request this information by going to www.tsata.com and clicking on the 'Administrative' tab.

Secondary Schools Athletic Training Committee

In March 2009 the SSATC completed the location project which required each committee member make contact with all the high schools in their region to determine if that high school had: **(1)** full time athletic trainer(s) **(2)** number of full time athletic trainers on staff and **(3)** access to an athletic trainer(s). In May, the first TSATA-Mueller Scholarship was awarded to Trevor Jones of Irving Nimitz High School. The SSATC will be very busy this year working on different projects that will benefit the members of TSATA. If you have questions or suggestions for the committee, please email ssatc@tsata.com.

College And University Committee

The College and University Committee is a new committee that is looking for members to volunteer from each region. Currently the committee members are Mike Terrill of Howard Payne University, Marty Castillo of the University of Texas Brownsville, and DJ Gillard of Howard Simmons University. If you would like to volunteer, please go to www.tsata.com and click on the 'Committees' tab and email the committee chair, Carolee John. This committee will soon be forming its mission statement.

TEA Curriculum Committee

Based on the recommendation of the TEA Curriculum Committee, the TSATA BOD has elected to offer classes in the following locations for 2009-2010: Houston, Tyler, SPATS, Dallas/Fort Worth Metroplex. Dates and exact locations will be posted as soon as these become available at www.tsata.com by looking under the 'Helpful Info' heading and clicking on 'Sports Med. Course'.

A Sports Medicine Instructor's Course Update Workshop will now be offered. This course is encouraged by the TEA due to the course changes reflected in the newly approved Innovative Course applications for 2010-2013. This course is offered to improve the materials available to the licensed athletic trainer instructor. This update course is NOT mandatory for offering the innovative sports medicine courses. The fee would be \$100, and the instructor must already have taken the Instructor's course previously.

Sports Medicine Instructor's Courses now recommends Concepts of Athletic Training, Pfeiffer and Mangus, 5th Edition, Jones Bartlett Publishers.

